

TPSR Lesson Plan

Teacher: _____ Date: _____

Grade(s): _____ Number of students: _____

Physical activity content: _____ Lesson # _____ of _____

Students' current responsibility level(s) (check all that apply in this class):

- 1 Respecting the rights and feelings of others
- 2 Effort and cooperation
- 3 Self-direction
- 4 Helping others and leadership
- 5 Outside the PE program

What happened during the last lesson?: _____

Lesson objective(s):

	Domain	Situation	Performance/Behavior	Criteria
1				
2				
3				

NASPE or state standard targeted. Indicate standard(s) and number(s), and write out standard(s):

Assessment for measuring lesson objectives:

My goal for improving my teaching in this lesson:

Equipment and resources needed:

Inclusion or alternate activities for students with special needs:

Review and closure:

Time	TPSR Lesson Components (start typing below the first line)	Notes
	<u>Opening Management Plan:</u>	
	<u>Relational Time:</u>	
	<u>Awareness Talk:</u>	
	<u>Physical Activity (with diagram):</u>	
	<u>Group Meeting:</u>	
	<u>Self-Reflection Time:</u>	
	<u>Review and Closure:</u>	

Planned Strategies by Levels
(Check all that will be used, and make planning notes for each strategy.)

Level 1	Level 2	Level 3	Level 4	Level 5
___ Inclusion	___ Modifying tasks	___ On-task independence	___ Peer teaching	___ Class leader
___ Accordion Principle	___ Self-paced challenges	___ Goal-setting plan	___ Group goal setting	___ Community volunteer
___ Sit-Out Progression	___ Intensity scale	___ Counseling time	___ Other	___ Other
___ Grandma's Law	___ Teaching by invitation	___ Other	Planning notes:	Planning notes:
___ Five Clean Days	___ Other	Planning notes:		
___ Other	Planning notes:			
Planning notes:				